



HOW DO YOU KNOW IT'S WORKING?

PRINCIPLES & PRACTICAL STRATEGIES TO ASSESS COGNITIVE CHANGE; IDENTIFY EVIDENCE-INFORMED SOLUTIONS; AND MEASURE BIP EFFECTIVENESS

One of the biggest challenges for batterer intervention programs is the question "does it work"? Many times the answer is reduced to anecdotal, situational examples to "prove" that what we're doing is working. What if we could answer with solid data that measures cognitive changes in the participants and reoffending rates? What if we could assess batterer risk and typologies and employ appropriate interventions to help them change their abusive behaviors?

This advanced workshop is designed for **group facilitators of batterer intervention and anger management programs**. The 16-hour* workshop will include classroom instruction and individual study (*self-study/assessment questionnaire will be provided to registrants for non-classroom credit*). "Another Way...Choosing to Change" curriculum will be used to demonstrate the various interventions and interactions. *Even if you are using another curriculum/program, you will learn strategies to enhance your material and delivery methods to improve outcomes as well as how to measure your program's effectiveness.*

Upon completion of the workshop participants will be able to:

- ❖ *Recognize batterer typologies and employ appropriate evidence-informed interventions to impact their client's thoughts, feelings and behaviors regarding abuse;*
- ❖ *Distinguish between the "right answer" and true acceptance of personal responsibility;*
- ❖ *Utilize two measurement tools to evaluate program effectiveness (Criminal Thinking Scales and Recognition and Personal Responsibility Scale);*
- ❖ *Apply adult-learning strategies to enhance group interaction and learning opportunities.*



Children's Institute Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists, Marriage and Family Therapists, and Licensed Clinical Social Workers. Children's Institute Inc. maintains responsibility for this program and its content.

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****Course content fulfills 16 CE's for Batterer Intervention Program facilitators (PC 1203.098)***